

SMT Law Fall Bonanza

October 3 – 4, 2026

Sanctioned by SWIM BC: #66053

Land Acknowledgements

We would like to acknowledge, with gratitude and appreciation, that the land on which we walk and live is the traditional territories of the Sinixt, the Syilx, and the Ktunaxa peoples, and is home to many other indigenous persons, including the Inuit and Metis.

Saturday Session 1	Sunday Session 2
Warm up: 2:30-3:20 pm Start time 3:30 pm Approximate End Time: 6:30 pm	Warm up: 8:30-9:20 am Start: 9:30 am Approximate End Time: 1:00 pm
Entries: Max per swimmer: 10 Individual events, 2 Relay events.	

Meet Manager:

Terri Wilkinson &

Karen Shoniker

meetmanager.kootenayswimclub@gmail.com

Location:

Nelson & District Community Complex

305 Hall Street

Nelson, BC. V1L 5X4

(250) 354-4386

Meet Referee:

Garry Bibby-Fox – garrybibbyfox@gmail.com

Facility:

6 Lanes, 25m Pool

Time Drops Wireless Timing System

Safe Sport:

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

Deck changes are EXPLICITLY PROHIBITED.

All coaches, officials, volunteers, and participants at this meet are expected to adhere to the highest standards of professional conduct. Professional conduct requirements for this event are governed by, but not limited to, both the Swim BC Code of Conduct and Ethics and the Canadian Swim Coaches Association (CSSA) Code of Professional Conduct where applicable.

For the safety and privacy of all athletes, the Family Change Room at the NDCC will be designated for adult coaches and officials only. Athletes are expected to use the gendered washroom facilities.

Eligibility:

- All swimmers are required to be registered with Swim BC, Swimming Canada or other World Aquatics affiliated organizations.
- There are no time-standards required to participate.

Meet Rules:

- All Swimming Canada rules will be in effect.
- Swim BC warm-up safety procedures will be in effect and will be monitored by safety marshals.
- Ages are determined as of the First Day of the meet: October 3, 2026.
- Age groups for the meet will be 10&U, 11-12, 13-14, 15&O
- All entries are to be entered in Short Course.



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- All individual events will be mixed gender and seeded slowest to fastest.
 - All events will be swum as Timed Finals.
 - During events only one (1) swimmer per lane is permitted.
 - NTs will not be accepted. Entry times are required for all entries to facilitate timing of the meet by the meet manager.
 - Each swimmer shall pay the Swim BC surcharge regardless of how many sessions or individual or relay events entered.
 - Visiting clubs are required to provide volunteer officials. Please direct all enquiries to our head official at kootenayswimclub@gmail.com
 - This competition can provide the following accommodation for swimmers who are D/deaf or Hard of hearing:
 1. Non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as 'support staff'
 2. Visual hand signals given by the starter/referee
- Clubs must contact Meet Management by the Entry Deadline of the need for accommodations.
- All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by **Swim BC**. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
 - Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 (from both ends or from deep end only).
 - Meet Management reserves the right to make adjustments to accommodate reasonable session lengths.
 - In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
 - Coaches are reminded that once competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are not permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool.
 - The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per SNC Canada Part II 2.3.2. The "misconduct" shall include but is not limited to (C.2.3.2.1):
 - Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
 - Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
 - Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

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Relays

- Relays will not count towards official results. No splits can be requested at this meet.
- There will be no age group for relays, coaches are encouraged to submit any combination of athletes they want

Entry Fees:

- Individual Fees: \$120 per swimmer
- \$6.00 Swim BC Surcharge per swimmer
- Please make all cheques payable to The Kootenay Swim Club or send an e-transfer to our treasurer at kootenayswimclub@gmail.com
- Fees are due prior to the start of the meet.

Entry Limits:

- Maximum of 10 individual entries.
- The meet will be limited to 150 swimmers; the team entering the 150th swimmer will be accepted.

Entry Deadlines:

- **Entry Deadline: Saturday, September 26 @ 11:59 pm (PDT)**
- **Entries must be submitted through the SNC online system, as all entries must be submitted through REMS.** Entries may only be submitted for swimmers whose registration is ACTIVE in the new REMS Database.
- **Scratch Deadline: Monday, September 28 @ 8:59 pm (PDT).** Scratches made prior to the deadline will not incur any meet fees.
- Late Entries may be accepted at the discretion of the Meet Manager. A surcharge fee **may** be applied.
- There will be no refunds on entries after the entry deadline. Specific exceptions will apply such as illness or other emergencies.

Deck Entries:

- Deck entries will be allowed if it does not result in a new heat. A swimmer cannot deck enter in an event and exceed their max events/session. Deck entries for swimmers not already in the meet must be accompanied by proof of current registration, including name spelling as it appears in SNC registration system, date of birth, and SNC registration number. Deck Entry Fees will be \$25.00 per entry.

Results:

- Results will be uploaded on Meet Mobile during the competition and will be posted on Swimming Canada following completion.
- No Scoring for Individual Events
- All results will be broken into age groups and gender.

Ribbons & Medals:

- No Ribbons & Medals are provided at this meet.



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	Event List	
	Session 1 – Saturday	
Event Number	Event	Age Group
1	200 IM	Mixed
2	100 Back	Mixed
3	100 Breast	Mixed
4	100 Fly	Mixed
5	100 Free	Mixed
6	Mixed 4x50 Medley Relay	Mixed
	Session 2 – Saturday	
Event Number	Event	
7	100 IM	Mixed
8	50 Back	Mixed
9	50 Breast	Mixed
10	50 Fly	Mixed
11	50 Free	Mixed
12	Mixed 4x25 Free Relay	Mixed

Other Information:

- Food will be made available for Coaches and Officials only. There will be no concession available. Please plan accordingly.
- Breaks may be added to the schedule between select events. The pool may be made available for warm-down swimming during breaks.

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COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and officials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- Swim BC recommends that, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck.
- There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official, whenever possible.

Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:
"SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."

November 4, 2025

