KELOWNA AQUAJETS SWIM CLUB

2026 KAJ Fall Classic

Sanctioned by Swim BC: 68175

DATE: **Nov 20-22, 2026**

MEET ENTRIES:
- Tina Pomponio, Meet Manager swim.meets@kelownaaquajets.com

MEET REFEREES:
- Sandy McDonald
- sandy.mcdonald87@gmail.com
- Tara Walters tarawalters@shaw.ca

LOCATION:
- H20 Adventure & Fitness Centre 4075 Gordon Dr Kelowna BC V1W 5J2
- 250-764-4040

FEATURES:
- 8 x 25m Competition Pool
- 4 x 25m Warm-up Pool
- Omega Quantum Timing System
- Omega Electronic touch pads/plungers
- Electronic relay take-over timing in effect

ENTRIES:
- ***Individual entries are limited. Max per swimmer: 7 events. Max per session: 2***

START TIMES	
Friday, November 20, 2026	
Session 1	W.U. 3:30pm-4:20pm Comp 4:30pm – 8:00pm
Saturday, November 21, 2026	
Session 2	W.U. 8:00am-8:50am Comp 9:00am–12:30pm
Session 3	W.U.3:00pm-3:50pm Comp 4:00pm–8:00pm
Sunday, November 22, 2026	
Session 4	W.U. 8:00am-8:50am Comp 9:00am–12:30pm
Session 5	W.U. 1:00pm-1:35pm Comp 1:45pm-4:30pm
Session lengths are approximate and subject to change	

LAND ACKNOWLEDGEMENT: We would like to acknowledge that we are gathered today on the traditional, ancestral territory of the SYILX/OKANAGAN people. For this we are grateful.

Safe Sport Statement: All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others. Separate ADULT washrooms are not possible due to facility constraints.

**Deck changes are EXPLICITLY PROHIBITED.*

****Officials will use FAMILY WASHROOMS.***

**In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.*

ELIGIBILITY
- All swimmers must be registered with Swim BC, Swimming Canada, US or another World Aquatics recognized club
- All swimmers must have reached a 4:00 minute 200 IM to enter the meet

MEET RULES

1. Swim BC warm-up procedures will be in effect at this meet and will be monitored by safety marshals.
2. This meet will be conducted under Swimming Canada rules and regulations.
3. Ages are determined as of the first day of the meet: November 20, 2026
4. All events will be timed finals, senior-seeded, and mixed gender, swum slowest to fastest, with the exception of the 1500 Freestyle, which will be swum fastest to slowest and will require positive check-in.
   Relays and the IM Eliminator will be separated by gender. During all events, only one swimmer per lane is permitted. ***We are requesting visiting officials to participate; PLEASE fill out form: Click HERE for the link.***
5. Any act of theft, vandalism or similar action will result in the immediate disqualification from the meet.
6. **Pool Depth:** POOL DEPTH: Shallow End 1.52m, Deep End 3.9m. Starts will be conducted from Starting Platforms (blocks) as per WA FR 16.1.4 and SW 4.1. In water starts will be conducted as per Canadian Facility Rules II.C4. 1. 1 and II.C15. 1. 4. 1
7. In order to maintain reasonable session lengths, Meet Manager reserves the right to:
   a. Limit/alter the number of heats in each session. This may mean limited number of 200/400/1500 events or entries, or other such alterations.
8. All swimmers are allowed to race in swimwear of their choice at competitions sanctioned by Swim BC. There is no requirement to declare the choice of swimwear to the Referee if the fabric is a permeable open mesh textile and does not provide a technical advantage in terms of speed, buoyancy, or endurance.
9. This competition can provide the following accommodations for swimmers who are D/deaf or Hard of hearing: An external strobe light.
   Clubs must contact Meet Manager prior to the Entry Deadline of the need for accommodations.
10. Coaches are reminded that once the competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are NOT permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool.
11. Use of cameras not permitted at the start & turn end of the pool.
12. The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.5.2. The "misconduct" shall include but is not limited to (C.2.5.2.1):
    - Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
    - Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
    - Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

    The Referee may disqualify a swimmer for such misconduct.

ENTRY FEES

$13.50 per individual event
$6.00 Swim BC Competition Surcharge

RELAYS

$14.50 per relay
No limit to relay entries.
Each relay MUST have at least 2 swimmers within the age group defined per gender. (12&U, 13-14, 15-17)
MAX OF 2 RELAYS PER PERSON PER SESSION

OFFICIAL SPLITS

1. Official Split request must be submitted to the admin desk 30 minutes prior to the start of the session that the event is being swum.
2. There will be a $20 charge for every official split request.
3. Clubs may be requested to provide 3 timers for the Official Split. Those timers are to check in with the Admin desk 20 mins prior to the race.

ELIMINATOR IM Challenge
The top 8 girls and top 8 boys from the 100 IM (ages 13–14 and 15&O) will advance to this event. Swimmers will race 4x50s on 2 minutes. The last two finishers in each round are eliminated until one champion remains. The fastest swimmer in each age group and gender of the 100IM will determine the order of strokes the day before eliminator. The ultimate showdown — where speed meets strategy!

REFUNDS
Swimmers who are required to scratch from the meet for medical reasons must submit a medical letter in order to receive a refund of meet fees.

ENTRY LIMITS
- Total number of swimmers attending the meet will be limited to 375
- Swimmers are limited to a total of SEVEN (7) individual events and limited to two (2) per session.

ENTRY DEADLINES
- **Entry Deadline: Sat, Nov 7, 2026 @ 9:59pm**
- Payments via transfer to info@kelownaaquajets.com or by cheque payable to Kelowna Aquajets
- Late entries (received after November 7, 2026 9:59pm) could be charged a $20 penalty per swimmer. Acceptance of late entries is at the discretion of the meet manager.
- **Entries must be submitted through the Swimming Canada online system, as all entries must be submitted through REMS.** Entries may only be submitted for swimmers whose registration is ACTOVE in the REMS database.
- All entry files must contain the complete and accurate information as required (the same as if uploading to the SNC online system) - this includes swimmer 9-digit ID #, name, correct date of birth, and gender.
- Preliminary Psych Sheets will be emailed within 72 hours after the entry deadline. It is each club's responsibility to review and select replacement events for their swimmers that DID NOT meet the criteria outlined in the meet package by the cut-off date (see Scratch Rules).

DECK ENTRIES
NO Deck entries will be allowed at this meet.

FORMAT
1. COMPETITION: all individual events will be swum as timed finals, mixed gender, slowest to fastest

1500m EVENT
- 1500 will be swum fastest to slowest, mixed gender. Meet Manager reserves the right to limit heats to fit into time line.
- 1500 will be swum single laned/800 official split will be provided to each swimmer in the 1500.
- Positive Check-ins will be required prior to end of session 4's warm up.

SCRATCH RULES
1. ***All pre-meet scratches or replacement events must be received via email by Sat, Nov 14 @ 7:59pm***. Scratches received by the cut-off date and time will be eligible for a refund. After this time, late scratches will only be considered if accompanied by a medical note.

AWARDS
- NO SCORING
- PRIZES FOR THE WINNER OF EACH ELIMINATOR

Friday, Nov. 20, 2026 SESSION 1 (4:30PM – 8:00PM)		
	EVENT	**AGE**
1	400 FR	MIXED OPEN
2	200 FLY	MIXED OPEN
3	50 FLY	12&UNDER MIXED
4	4X50 FR RELAY	15-17 GIRLS
5	4X50 FR RELAY	15-17 BOYS
6	4X50 FR RELAY	13-14 GIRLS
7	4X50 FR RELAY	13-14 BOYS
8	4X50 FR RELAY	12&UNDER GIRLS
9	4X50 FR RELAY	12&UNDER BOYS
Saturday, Nov. 21, 2026 SESSION 2 (9:00AM – 12:30PM)		
	EVENT	**AGE**
10	100 IM	MIXED OPEN
11	100 BK	MIXED OPEN
12	50 BRST	12&UNDER MIXED
13	4X50 MEDLEY RELAY	15-17 GIRLS
14	4X50 MEDLEY RELAY	15-17 BOYS
15	4X50 MEDLEY RELAY	13-14 GIRLS
16	4X50 MEDLEY RELAY	13-14 BOYS
17	4X50 MEDLEY RELAY	12&UNDER GIRLS
18	4X50 MEDLEY RELAY	12&UNDER BOYS
SESSION 3 (4:00PM – 8:00PM)		
19	4X50 IM ELIMINATOR	13-14 GIRLS
20	4X50 IM ELIMINATOR	13-14 BOYS
21	4X50 IM ELIMINATOR	15-OVER GIRLS
22	4X50 IM ELIMINATOR	15-OVER BOYS
23	200 BK	MIXED OPEN
24	100 BRST	MIXED OPEN
25	50 FR	12&UNDER MIXED
Sunday, Nov. 22, 2026 SESSION 4 (9:00AM – 12:30PM)		
	EVENT	**AGE**
26	200 BRST	MIXED OPEN
27	100 FLY	MIXED OPEN
28	50 BK	12&UNDER MIXED
29	4X100 FR RELAY	15-17 GIRLS
30	4X100 FR RELAY	15-17 BOYS
31	4X100 FR RELAY	13-14 GIRLS
32	4X100 FR RELAY	13-14 BOYS
33	4X100 FR RELAY	12&UNDER GIRLS
34	4X100 FR RELAY	12&UNDER BOYS
SESSION 5 (1:45PM – 4:30PM)		
35	1500 (OFFICIAL 800 SPLIT)	MIXED OPEN

COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and o=icials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may o=er a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have su=icient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second o=ense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced o=icial, whenever possible.

Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:
"SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."